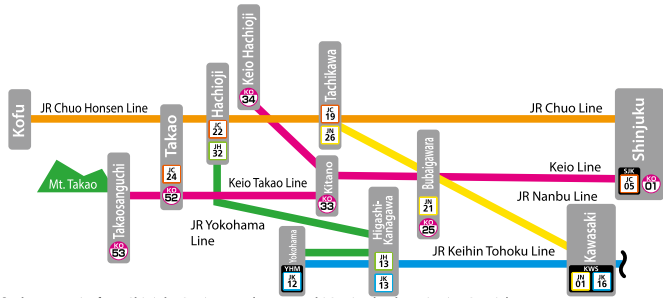


## Telephone Contact List

- Emergency contact (if you are injured and cannot walk or other such situations)  
Tokyo Metropolitan Takao Visitor Center ..... 042-664-7872  
Emergency Consultation Center ..... #7119  
Emergency ..... 119
- Emergency contact (if you get lost or other such situations)  
Takao Police Station ..... 042-665-0110
- Contact regarding the cable car, lifts, monkey park and wild plant garden  
Takao Tozan Railway Co., Ltd. .... 042-661-4151
- One of the three main temples of the Chisan sect of Shingon Buddhism in the Kanto region  
Takaosan Yakuo-in Temple ..... 042-661-1115
- Facility for promoting the charm of Mt. Takao and Hachioji  
Takao 599 Museum ..... 042-665-6688
- Tourist information about Mt. Takao and Hachioji City  
Takaosanguchi Tourist Office ..... 042-673-3461
- Keio Takaosan Onsen (Hot Spring)  
Gokurakuyu ..... 042-663-4126

## Directions to Mt. Takao



- About 50 min. from Shinjuku Station to Takaosanguchi Station by the Keio Line Special Express
  - About 90 min. from Yokohama Station via Hachioji Station
  - About 30 min. by car from Chuodo Hachioji Interchange, and about 5 min. by car from Takaosan Interchange of Ken-odo Expressway
- \* These times are approximate estimations. The actual travel time may vary according to time of day and traffic conditions.

## Hachioji Visitors & Convention Association (Public Corporation)

HP <https://www.hkc.or.jp/>

☎ 042-649-2827

☎ 042-686-1388

Issued in October 2020



# Mt. Takao Pocket Map



Mt. Takao is only 50 km away from central Tokyo, but it is a treasure trove of flora and fauna where you can experience the diversity of nature.

The wide range of seven different hiking trails, equipped with cable cars and Lift, can be enjoyed by both young and old, men and women alike.

Whenever you visit, you will enjoy the changing landscapes, from cherry blossoms to fresh green leaves to autumn foliage.

## Rules to enjoy Mt. Takao

- Plan ahead and be well prepared.
- Take your garbage back with you.
- Stay on the trails.
- Respect the flora and fauna.
- Practice fire safety.
- Help keep toilets and other public facilities clean.
- Keep pets on a leash.
- Don't ride mountain bikes or other wheeled vehicles.
- Don't feed the wildlife.
- Refrain from using drones.

Takaosanguchi Tourist Office located inside Takaosanguchi Station on the Keio Takao Line, provides tourism information on hiking courses, events, Hachioji City and more. A variety of maps and pamphlets are available. Feel free to visit the center.

## Takaosanguchi Tourist Office

From Takaosan Station on the cable car route, you can walk to Takaosan Yakuo-in Temple with a guide who will explain highlights such as the local plants, legends, and history. Whether you're a first-time or repeat visitor, you will enjoy the hidden appeal of Mt. Takao. This service is provided free of charge mainly on Saturdays, Sundays, and holidays. (Cancelled in case of bad weather)

## Mt. Takao "Highlights" Guided Short Tour

There are two guided programs for appreciating Mt. Takao, the surrounding mountains and their natural environments. One program is a nature viewing walk guided by a specialist and the other program is a guided hiking tour with a guide who explains highlights such as the local flowers and history.

## Hachioji Nature Programs

Mt. Takao volunteer guides share their knowledge on the local flora and fauna, history, culture, and more to help visitors rediscover the mountain's charms. Mt. Takao aims to be a site where every visit brings new discoveries.

## Mt. Takao volunteer guides are available!

Museum of trompe-l'œil art created by fusion of art and amusement. Everyone from small children to adults will enjoy it. You can enjoy the art when you pose in pictures. Do not forget the camera!  
Contact: 042-667-1081



Visit and take time here for relaxing and refreshing after climbing down Mt. Takao. There are seven types of baths including the open-air stone-finished bath of carbonated spring and geyser bath that covers your body with microbubbles.  
Contact: 042-663-4126



You can enjoy very popular projection mapping that shows seasonal beauty of nature in Takao. Highlights in hiking trails and plants are also explained.  
Contact: 042-665-6688



## Visit fun places at the foot of Mt. Takao!

The information about restaurants and souvenir shops are on the map.



Mt. Takao is designated as part of Tokyo Tama Prefectural Natural Park and Meiji-no-Mori Takao Quasi-National Park, and it is located on the border of temperate forest and temperate forest zones, fostering about 1600 types of diverse plants.

## Gourmet Food & Souvenirs from Mt. Takao

## Nature of Mt. Takao

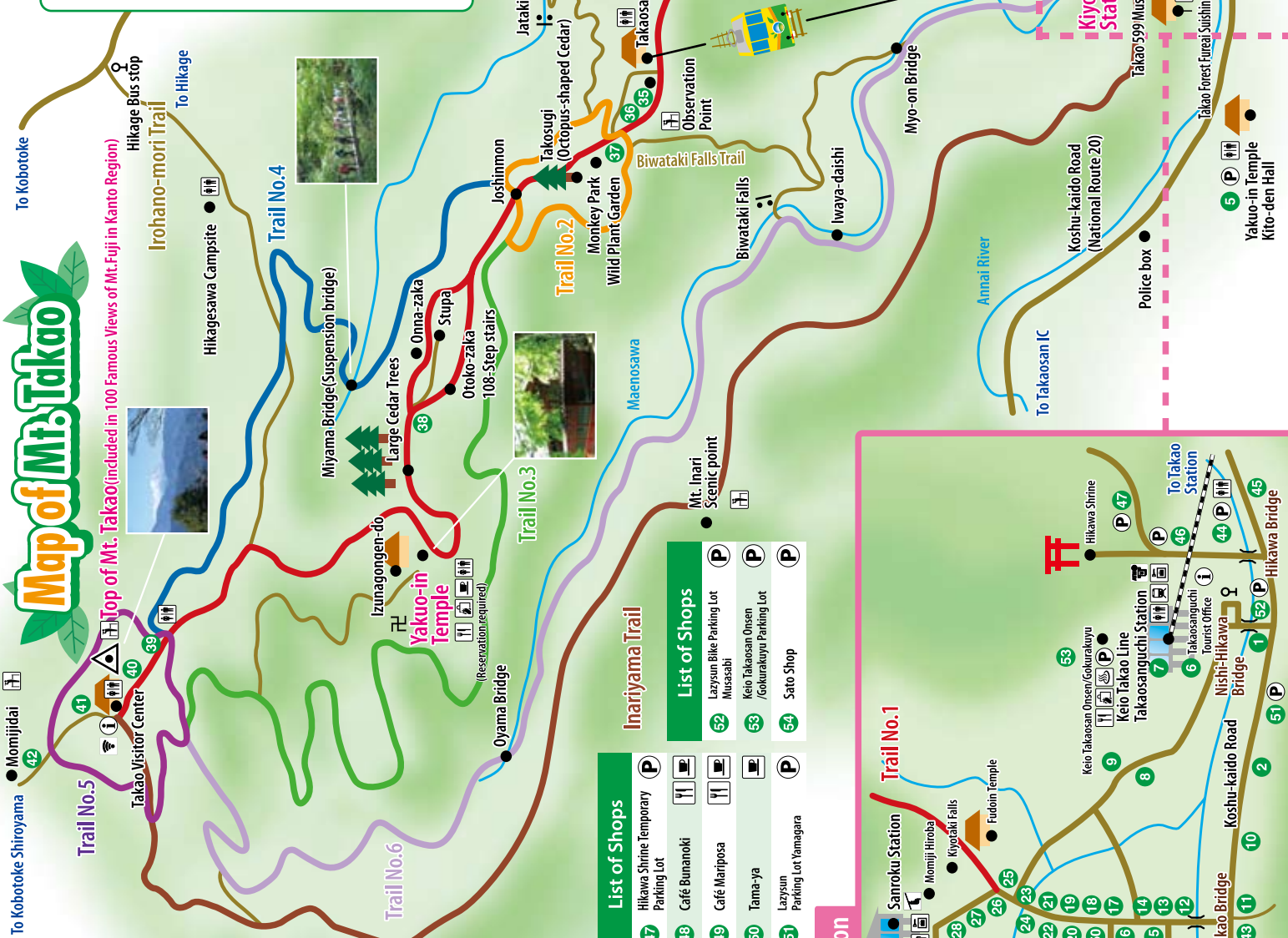
# Map of Mt. Takao

### Mt. Takao Hiking Trails

Trail Name	Distance	Time
Trail No.1 (Omotesando Trail)	3.8 km	About 100 min.
Trail No.2 (kasumidai Loop Trail)	0.9 km	About 40 min.
Trail No.3 (Katsura Grove Trail)	2.4 km	About 60 min.
Trail No.4 (Suspension Bridge Trail)	1.5 km	About 50 min.
Trail No.5 (Mountaintop Loop Trail)	0.9 km	About 30 min.
Trail No.6 (Biwataki Falls Trail)	3.3 km	About 100 min.
Mt. Inari Trail (Ridge Trail)	3.1 km	About 100 min.

**Using the cable car**

Takaosan Station to Yakuo-in	1.0 km	About 20 min.
Yakuo-in to the Top of Mt. Takao	0.8 km	About 20 min.



- Meals
- Shop
- Snacks
- Toilets
- Parking Lot
- Tourist Office
- Coin-operated Lockers
- Spa Facilities
- Art Museum / Museum
- Observation Point
- Station
- Cable Car / Lift Station

- #### List of Shops
- Inage-ya Branch Shop
  - Nikko-ya
  - Parking Lot Sato
  - Takano-ya Branch
  - Yakuo-in Temple Kito-den Hall
  - Kaede Shop
  - Fumotoya
  - Freshwater Fish Cuisine Ninno
  - Komiya Shop
  - Yuki-do Honten
  - Hashimoto-ya
  - Biwa-ya
  - Hashizume-tei
  - Yuki-do Honten Factory Shop
  - Mugitoro Tsutaya
  - Torikiku Shop
  - Chiyono-ya
  - Iijima-ya
  - Kushida Hand-grilled Rice Graders
  - Kinsei-ya
  - Tsuboman
  - Sakae-Chaya Main Shop
  - Yuki-do Sweets
  - Genki-do
  - Takahashi-ya
  - Momiji-ya Main Shop
  - Shikino-Sakura
  - Takimi-ya
  - Komiya Shop
  - Takahashi

- #### List of Shops
- Hikawa Shrine Temporary Parking Lot
  - Café Bunanoki
  - Café Mariposa
  - Tama-ya
  - Lazysun Parking lot Tamagara
  - Hikawa Shrine Parking Lot
  - Mineo Shop
  - Hachioji Municipal Takaosanroku Parking Lot
  - Trick Art Museum
  - Keio Takaosan Parking Lot
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